**Institution: Kolping Higher Education Institution (KHEI)**
**Study programme**: **Social Work Management**

**SUBJECT PROGRAMME**

| **1. Name of the subject** | **2. Credits** |
|---|---|
| **SOCIAL WORK WITH INDIVIDUAL AND FAMILY** | **8 ECTS (213 academic hours)** |

**3. Correlation between the learning outcomes of the program and the subject, learning methods and methods for evaluation of student's achievements**

| **Learning outcomes of the program** | **Learning outcomes of the subject** | **Teaching / Learning methods** | **Student achievement assessment methods** |
|---|---|---|---|
| 1.The graduate will know the psychosocial problems of a child and his/her family and their complex manifestation; the graduate will be well versed in social policy, social security measures, administration of social services and will be able to apply this knowledge in the field of child welfare and social security.<br>3.The graduate will be able to manage the process of social assistance provided to a child and his/her family by applying appropriate methods of social work in accordance with the national and international legislation on child welfare, protection of children's rights, family law and social security as well as professional ethics.<br>5.The graduate will be able to communicate with the client(s), cooperate with representatives from his/her field or other professions as well as relevant institutions in Lithuanian or foreign language in pursuit of the empowerment and social welfare for the child and the family. | 1) will be able to describe the methods of social work with individual and social work with the family and the possibilities of their application; | Active teaching / learning methods (group discussion, work in groups, analysis and discussion of video materials). Case studies. Theoretical lectures. | Written survey. Case study. Open questions test.<br>Reflection. |
| | 2) will be able to apply methods and tools for social work with individual and social work with the family in social work practice; | Active teaching / learning methods (interviewing exercises, counselling technicians' exercises simulation of situations, , analysis and discussion of video materials, group discussion, working groups). Case studies. Theoretical lectures. | Practical work during seminars.. Case analysis. Practical written exercises. Reflection. |
| | 3) Will be able to assess the psychosocial functioning of a person and / or family, applying criteria for case evaluation; | Active teaching / learning methods (discussion, work in groups, analysis and discussion of video materials). Case studies. Theoretical lectures. | Practical work during seminars. Case analysis. Practical written exercises. Reflection. |
| | 4) will be able to organize the process of providing social assistance to the client, using the planning, implementation and evaluation phases; | Theoretical lectures. Active teaching / learning methods (exercises, discussions, work in groups). Case studies. | Open questions test.. Practical work during seminars. Case analysis. Practical written exercises. Reflection. |
| | 5) Will be able to draw and analyse social networking schemes, including the resources of the client's immediate and social environment for solving social problems. | Theoretical lectures. Active teaching / learning methods (exercises, discussions, work in groups). Case studies. | Practical work during seminars.. Case analysis. Practical written exercises. Reflection. |

**4. Abstract** (maximum 200 words; describes relevance of the subject)

During the subject, students are provided with knowledge about individual social work and social work with families methods and tools, and their abilities to critically analyze and select social work methods that empower clients are developed. plan a social assistance action plan to solve the social problems of a family and/or individual, manage the process, and evaluate the results of the social support process. Students develop the ability to conduct interviews and apply appropriate strategies and techniques when counseling individuals or families. During the studies, the following values will be developed: establishing a cooperative relationship with the client (individual and family), involving social environment resources in solving their social problems.

**5. Main topics of the subject**

| No. | Names of the topics | The number of contact hours | | | The number of hours for self-study |
|---|---|---|---|---|---|
| | | Theory | Practical work | Consultations | |
| 1. | **Introduction to the Subject**: Purpose, Structure, and Requirements. Subject scope, aims and objectives. Logical structure of topics and learning sequence. Assessment system and requirements, academic integrity principles. Overview of recommended literature and international sources. | 1 | 2 | | 8 |
| 2. | Process of Social Assistance. | 1 | 6 | | 15 |
| 3. | Method of Social Work with Individuals. | 2 | 4 | | 15 |
| 4. | Social Network Intervention Method. | 2 | 8 | | 20 |
| 5. | Social Work Interview. | 4 | 9 | | 10 |
| 6. | Consultation in Social Work. | 1 | 8 | | 20 |
| 7. | Concept of the Institute of the Family. | 1 | 2 | | 13 |
| 8. | Methods of Social Work with Families. | 1 | 9 | | 12 |
| 9. | Application of Systems Theory in the Practice of Social Work with Families. | 1 | 5 | | 10 |
| 10. | Family Crisis Intervention | 2 | 3 | | 18 |
| | | | | | |
| | **Total number of hours** | **16** | **50** | **6** | **141** |

**6. Criteria for assessment of student's achievements**

| Grade and brief description of the knowledge and skills | Brief description of the criteria |
|---|---|
| **10 (excellent)**<br>Excellent performance, outstanding knowledge and skills | Excellent, exceptional, comprehensive knowledge about social work with individual and family and its application in solving complex practical problems.<br>Student studied additional material independently.<br>Perfect understanding and use of concepts of social work with individual and family, ability to analyse them in the broader context of the subject.<br>Original and independent thinking.<br>Excellent analytical and evaluation skills and insight.<br>Excellent preparation for further studies.<br>Excellent application of theoretical knowledge.<br>Excellent performance in dealing with sophisticated non-standard tasks.<br>Impeccable, exceptional performance quality.<br>Excellent expression and presentation skills.<br>Well aware of what and why is being done. |
| | *All the learning outcomes achieved* |
| **9 (very good)**<br>Strong performance, good knowledge and skills | Strong, good, comprehensive knowledge about social work with individual and family and its application in solving complex practical problems.<br>Student studied additional material independently.<br>Perfect understanding of studied material, proper use concepts of social work with individual and family.<br>Original and independent thinking.<br>Very good analytical, evaluation and synthesis skills.<br>Very good preparation for further studies. |

| | |
|---|---|
| | Very good application of theoretical knowledge.<br>Good performance in dealing with sophisticated non-standard tasks.<br>Very good performance quality.<br>Very good expression and presentation skills.<br>Understanding of the methods, techniques applied and the reasons why. |
| | *At least 90 percent of the learning outcomes achieved* |
| **8 (good)**<br>Above the average performance, knowledge and skills | Better than average knowledge about social work with individual and family and its application in solving practical problems.<br>Familiar with the mandatory material.<br>Able to work independently with additional material.<br>Student understands the concepts of social work with individual and family and principles, applies them properly.<br>Good reasoning and arguments substantiated on facts.<br>Good preparation for further studies.<br>Good application of knowledge.<br>Correctly solves moderately complex and more difficult tasks.<br>Good performance quality.<br>Good expression and presentation skills.<br>Knowledge of the methods, techniques that need to be applied. |
| | *At least 80 percent of the learning outcomes achieved* |
| **7 (average)**<br>Average performance, knowledge and skills with unessential shortcomings | Average performance, with unessential shortcomings<br>Application of knowledge to solve practical problems.<br>Familiar with the main material.<br>Student understands and uses the concepts and principles.<br>Linking of several key components into a whole.<br>Fairly good reasoning.<br>Sufficient preparation for further studies.<br>Knowledge is applied in accordance with the given examples.<br>Good performance quality.<br>Correctly solves moderately complex tasks.<br>Sufficient expression and presentation skills. |
| | *At least 70 percent of the learning outcomes achieved* |
| **6 (satisfactory)**<br>Below average performance, knowledge and skills with substantial shortcomings | Below average knowledge, with errors.<br>Application of knowledge to solve uncomplicated practical problems.<br>Familiar with the main material.<br>Satisfactory understanding of the concepts, ability to describe incoming information in own words.<br>While analyzing, student focuses on several aspects, but is unable to relate them.<br>Satisfactory preparation for further studies.<br>Knowledge is applied in accordance with the given examples.<br>Satisfactory performance quality.<br>Able to act by analogy.<br>Correctly solves simple tasks but does not comprehend more complex ones.<br>Satisfactory expression and presentation skills. |
| | *At least 60 percent of the learning outcomes achieved* |

| | | |
|---|---|---|
| **5 (weak)**<br>Knowledge and skills meet minimum criteria | | Knowledge meets minimum criteria.<br>Application of knowledge to solve uncomplicated practical problems.<br>Simple recitation of learned concepts, text retelling. The answer is focused on one aspect.<br>Minimum preparation for further studies.<br>Minimum sufficient skills to solve problems based on examples.<br>Able to act by analogy.<br>Satisfactory expression and presentation skills. |
| | | *At least half of the learning outcomes achieved* |
| **4**<br>**3**<br>**2**<br>**1** | **Unsatisfactory**<br>Below minimum criteria | Knowledge does not meet minimum criteria. Skills do not meet minimum criteria. |
| | | *Less than half of the learning outcomes achieved* |

**7. Prerequisite subjects**

| |
|---|
| Basic of social work and professional ethics |

**8. Forms of assessment of student achievement (components of cumulative assessment)**

| |
|---|
| Students are assessed throughout a semester. At the end of a semester all assessments are added and the final assessment grade is calculated:<br>30 percent - Intermediate assessments;<br>30 percent - Independent works;<br>40 percent – Exam. |

**9. Coordinating teachers**

| **Position** | **Surname, name, academic degree** |
|---|---|
| Assoc. prof. | Bagdonaite-Stelmokiene Ramune, Doctoral degree of Social Sciences (Education), Master of Social Work |

**10. Recommended literature**

| **No.** | **Year of edition** | **Name and authors of the publication** | **Publisher** | **Access** | | |
|---|---|---|---|---|---|---|
| | | | | **At the KUAS library** | **In other libraries of the city** | **In databases** |
| 1. | 2025 | Malinauskas, G., ir Ruškus, J. *Pagalba priimant sprendimus. Viską galiu daryti pati! Žmogaus teisės. Bendravimo būdai. Geroji patirtis. Mokomoji knyga* | VDU | x | | + |
| 2. | 2020-2025 | *Socialinis darbas. Patirtis ir metodai. Mokslo žurnalas* | VDU | | | + |
| 3. | 2024 | Corey, G., Corey, M. S., & Callanan, P. *Empowerment Series: Direct Social Work Practice* | Cengage Learning | | x | |
| 4. | 2024 | Ritter, J. A. *Introduction to Social Work: Social Workers Effecting Change in Our World* | Cognella Academic Publishing | | x | |
| 5. | 2022 | Macapugay, K. A. (Ed.). *An Introduction to Social Work: Empowering People and Communities* | Cognella Academic Publishing | | x | |
| 6. | 2019 | Barkauskienė, R., ir Zacharevičienė, A. *Darbas su vaikais, turinčiais elgesio ir emocinių sunkumų bei sutrikimų* | Nacionalinė švietimo agentūra | x | | + |