Institution: Kolping Higher Education Institution (KHEI)
Study programme: Social work management

SUBJECT PROGRAMME

1. Name of the subject	2. Credits
SOCIAL WORK THEORIES	**5 ECTS (133 ac. hrs.)**

3. Correlation between the learning outcomes of the program and the subject, teaching / learning methods and methods for evaluation of student's achievements

Learning outcomes of the program	Learning outcomes of the subject	Teaching / learning methods	Student achievement assessment methods
1. The graduate will know the theories of social work and the fundamentals of other theories of social sciences, social work methods and innovations, infrastructure of social services, project and programme management and will be able to apply the above knowledge in pursuit of the empowerment of individuals and positive changes in the social life of an individual, group, community.	1. Will be able to describe the main theories of social work and their application in social work practice.	Theoretical lectures. Active learning methods (case studies, case studies, discussions). Analysis and discussion of video material. Self-reflection.	Case studies. Practical writing exercises. Self-reflection. Questionnaire of open and closed questions.
	2. Will be able to select a theoretical model of social work and apply it in practice, considering the needs of the client and the objectives of the intervention.	Theoretical lectures. Active learning methods (case studies, case studies, discussions). Analysis and discussion of video material. Self-reflection.	Case studies. Practical writing exercises. Self-reflection. Questionnaire of open and closed questions.
	3. Will able to assess the psychosocial functioning of a client on the basis of different social work theories.	Active learning methods (case studies, case studies, discussions). Analysis and discussion of video material. Self-reflection. Group work. Theoretical lectures.	Case studies. Practical writing exercises. Self-reflection. Questionnaire of open and closed questions.
	4. Will be able to plan the process of providing social assistance on the basis of different social work theories.	Active learning methods (case studies, case studies, discussions). Analysis and discussion of video material. Self-reflection. Group work. Theoretical lectures.	Case studies. Practical writing exercises. Self-reflection. Questionnaire of open and closed questions.
	5. Will be able to apply the methods proposed by different theories of social work, considering client groups, needs, social problems and the objectives of assistance.	Active learning methods (case studies, case studies, discussions). Analysis and discussion of video material. Self-reflection. Group work. Theoretical lectures.	Case studies. Practical writing exercises. Self-reflection. Questionnaire of open and closed questions.

4. Abstract (maximum 200 words; describes relevance of the subject)

Students are provided with theoretical social work knowledge and develop their practical skills to apply different social work theories and their proposed methods, considering client groups, needs and social problems. Students are introduced to the concept of social work theory, the types of theories and the fields of application. Students are introduced to psychodynamic theories of social work, biobehavioral theory, social learning theory, cognitive theory of social work, and the ability to recognise sociological paradigms of social work, become familiar with systems theory and the ecological perspective in social work, humanistic-existential social work theory, the communicative theoretical model, the strengths-emphasising theoretical

model, the constructivist (postmodern) theoretical model of social work. The course develops the ability to analyse concrete cases, to plan the process of social assistance in accordance with the different theories of social work, and to use the proposed practical methods and tools. Each theoretical part is accompanied by additional practical tasks and self-assessments, which allow for a better mastery of the application of the theoretical models in social work.

5. Main topics of the subject and the number of hours

No.	Names of the topics	The number of contact hours			The number of hours for self-study
		Theory	Practice	Consultation	
1.	Introduction to the Subject: Purpose, Structure, and Requirements. Subject scope, aims and objectives. Logical structure of topics and learning sequence. Assessment system and requirements, academic integrity principles. Overview of recommended literature and international sources. Concept of social work theories	1	2		6
2.	Psychodynamic theories (S. Freud, A. Adler)	0,5	3		9
3.	Psychosocial model of social work (E. Erikson)	0,5	2		6
4.	Social learning theory (A. Bandura)	0,5	2		6
5.	Theories of attachment (J. Bowlby, M. Ainsworth)	0,5	2		6
6.	Biheuristic (behavioural) theory (I. Pavlov, B. F. Skinner)	1	3		8
7.	Cognitive theory of social work (A. T. Beck, A. Ellis)	1	3		8
8.	Structural Functionalist Theory (T. Parsons)	1	2		6
9.	Systems theory (L. Von Bertalanffy) and the ecological perspective in social work (U. Bronfenbrenner)	1	3		6
10.	Humanistic-existential theory of social work (V. E. Frankl, I. D. Yalom, C. R. Rogers, A. Maslow)	1	3		6
11.	The communicative theoretical model of social work (P. Watzlawick, F. Schulz von Thun)	1	3		6
12.	Strengths-based theoretical model (D. Saleebey)	0,5	2		6
13.	Constructivist (postmodern) theoretical model	0,5	2		6
	Total number of hours	**10**	**32**	**6**	**85**

6. Criteria for assessment of student's achievements

Grade and brief description of the knowledge and skills	Brief description of the criteria
10 (excellent) Excellent performance, outstanding knowledge and skills	Excellent, exceptional, comprehensive knowledge and its application in solving complex practical problems. Student studied additional material independently. Perfect understanding and use of concepts, ability to analyse them in the broader context of the subject. Original and independent thinking. Excellent analytical and evaluation skills and insight.

	Excellent preparation for further studies. Excellent application of theoretical knowledge. Excellent performance in dealing with sophisticated non-standard tasks. Impeccable, exceptional performance quality. Excellent expression and presentation skills. Well aware of what and why is being done.
	All the learning outcomes achieved
9 (very good) Strong performance, good knowledge and skills	Strong, good, comprehensive knowledge and its application in solving complex practical problems. Student studied additional material independently. Perfect understanding of studied material, proper use concepts. Original and independent thinking. Very good analytical, evaluation and synthesis skills. Very good preparation for further studies. Very good application of theoretical knowledge. Good performance in dealing with sophisticated non-standard tasks. Very good performance quality. Very good expression and presentation skills. Understanding of the methods, techniques applied and the reasons why.
	At least 90 percent of the learning outcomes achieved
8 (good) Above the average performance, knowledge and skills	Better than average knowledge and its application in solving practical problems. Familiar with the mandatory material. Able to work independently with additional material. Student understands the concepts and principles, applies them properly. Good reasoning and arguments substantiated on facts. Good preparation for further studies. Good application of knowledge. Correctly solves moderately complex and more difficult tasks. Good performance quality. Good expression and presentation skills. Knowledge of the methods, techniques that need to be applied.
	At least 80 percent of the learning outcomes achieved
7 (average) Average performance, knowledge and skills with unessential shortcomings	Average performance, with unessential shortcomings Application of knowledge to solve practical problems. Familiar with the main material. Student understands and uses the concepts and principles. Linking of several key components into a whole. Fairly good reasoning. Sufficient preparation for further studies. Knowledge is applied in accordance with the given examples. Good performance quality.

		Correctly solves moderately complex tasks. Sufficient expression and presentation skills.
		At least 70 percent of the learning outcomes achieved
6 (satisfactory) Below average performance, knowledge and skills with substantial shortcomings		Below average knowledge, with errors. Application of knowledge to solve uncomplicated practical problems. Familiar with the main material. Satisfactory understanding of the concepts, ability to describe incoming information in own words. While analysing, student focuses on several aspects, but is unable to relate them. Satisfactory preparation for further studies. Knowledge is applied in accordance with the given examples. Satisfactory performance quality. Able to act by analogy. Correctly solves simple tasks, but does not comprehend more complex ones. Satisfactory expression and presentation skills.
		At least 60 percent of the learning outcomes achieved
5 (weak) Knowledge and skills meet minimum criteria		Knowledge meets minimum criteria. Application of knowledge to solve uncomplicated practical problems. Simple recitation of learned concepts, text retelling. The answer is focused on one aspect. Minimum preparation for further studies. Minimum sufficient skills to solve problems based on examples. Able to act by analogy. Satisfactory expression and presentation skills.
		At least half of the learning outcomes achieved
4	**Unsatisfactory** Below minimum criteria	Knowledge does not meet minimum criteria. Skills do not meet minimum criteria.
3		
2		
1		
		Less than half of the learning outcomes achieved

7. Prerequisite subjects

Basic of social work and professional ethics

8. Forms of assessment of student achievement (components of cumulative assessment)

Students are assessed throughout the semester. At the end of the semester, all evaluations are summed up and a final grade is derived:
- 30% - mid-term evaluation.
- 30% - independent written practical assignments.
- 40% - examination.

9. Coordinating teachers

Position	Surname, name, academic degree
Assoc. prof.	Bagdonaite-Stelmokiene Ramune, Doctoral degree of Social Sciences (Education), Master of Social Work

10. Recommended literature

No.	Year of issue	Authors and title of the publication	Publisher	Access		
				At the KUAS library	In other libraries of the city	In databases
1.	2023	Harms, L., & Connolly, M. *Social Work: From Theory to Practice* (4th ed.)	Cambridge University Press			
2.	2022	Heller, D. P. *Prieraišumo galia*	Tyto Alba	1	VDU	
3.	2021	Burns, D. D. *Geros nuotaikos vadovas. Nauja emocijų terapija*	UAB "Psichologija tau"	1	VDU	
4.	2021	Reith-Hall, E. & Payne, M. *The Routledge Handbook of Social Work Theory*	Routledge		VDU	
5.	2020	Payne, M. *Modern social work theory.*	Bloomsbury Publishing.	1	VDU	