Institution: Kolping Higher Education Institution
Study programme: Social Work Management

SUBJECT PROGRAMME

1. Name of the subject	**2. Credits**
SOCIAL REHABILITATION AND INTEGRATION	**4 credits (107 ac. hrs.)**

3. Correlation between the learning outcomes of the program and the subject, teaching / learning methods and methods for evaluation of student's achievements

Learning outcomes of the program	**Learning outcomes of the subject**	**Teaching / learning methods**	**Student achievement assessment methods**
SWM study program: 4. The graduate will be able to prepare and implement preventive and interventional projects in the organizations of social services by applying innovative social assistance methods. *CWSS study program:* 4.The graduate will be able to prepare and implement preventive and interventional projects in the organizations of social services functioning in the fields of child welfare and social security.	1. Students will acquire theoretical knowledge about the concepts of social rehabilitation and integration, social inclusion, and the principles of empowerment. They will be able to describe the specifics of social work with people with disabilities, mental health disorders, addictions, and their family members, individuals and families experiencing social exclusion.	Theoretical lectures. Case analysis. Video material analysis and discussion. Independent work – literature analysis, homework and presentation. Meeting with the social workers from different rehabilitation and integration institutions.	Test, homework, written practical task.
	2. During their studies, students will learn to identify opportunities for social rehabilitation and integration for socially excluded individuals.	Theoretical lectures. Case analysis. Video material analysis and discussion. Independent work – literature analysis, homework and presentation	Case analysis, seminars, analysis of documents.
	3. The knowledge acquired during the studies will enable students to plan, implement, and evaluate the social assistance process while working, rehabilitating, and integrating people with disabilities, mental health disorders, addictions, and their family members, individuals and families experiencing social exclusion.	Active study methods (Group discussions, role play). Case analysis. . Video material analysis and discussion. Independent work – literature analysis	Case analysis, seminars, analysis of documents, debates.
	4. Students will provide students with practical skills that will enable them to apply various social work methods and tools suitable for working with persons with disabilities, mental health disorders, addictions, and their family members, individuals and families experiencing social exclusion.	Active study methods (group discussions, role play, and group work). Case analysis. . Video material analysis and discussion. Independent work – literature analysis	Case analysis, seminars, analysis of documents, written practical task.

4. Abstract (maximum 200 words; describes relevance of the subject)

Students gain knowledge about the theoretical foundations, methods, and application possibilities of social rehabilitation and integration, with a particular focus on socially vulnerable groups. Contemporary rehabilitation is understood as a set of interrelated medical, social, economic, educational, and professional measures aimed at restoring a person's full functioning and promoting social inclusion. The course examines the causes and consequences of social exclusion, the concept of illness and disability according to the ICF model, a systematic approach to the interaction between the individual and the environment, and the use of internal and external resources. Students will learn about various rehabilitation methods, the role of a social worker, communication strategies, the impact of stigmatization and coping processes, ethical aspects of work, and the principles of assistance planning. Particular attention is paid to professional, psychosocial, and community rehabilitation, the needs of children, adults, and the elderly, the legal basis for rehabilitation, and opportunities for social integration into the labor market. Strategies for creating a positive social environment and strengthening the community, a trauma-informed approach ir rehabilitation. The course combines theoretical knowledge with practical tasks and integrates the case study learning method, developing students' ability to plan, implement, and evaluate social rehabilitation processes and apply the acquired knowledge in their professional activities.

5. Main topics of the subject and number of hours

No.	Names of the topics	The number of contact hours			The number of hours for self-study
		Theory	Practical work	Consultation	
1.	Introduction to the Subject: Purpose, Structure, and Requirements. Subject scope, aims and objectives. Logical structure of topics and learning sequence. Assessment system and requirements, academic integrity principles. Overview of recommended literature and international sources. General rehabilitation. Rehabilitation story. Personal assessment of the state rehabilitation. Disability: its causes and prevention. Medical, social and economic rehabilitation of the problem.	0,5	2		5
2.	Medical rehabilitation methods. Ethical problems of rehabilitation.	0,5	2		5
3.	Disability and work evaluation	0,5	2		5
4.	Rehabilitation of sick children.	0,5	1		5
5.	Geriatric rehabilitation. Custody.	0,5	1		5
6.	Social rehabilitation. Social rehabilitation methods.	0,5	1		5
7.	Vocational Rehabilitation (sheltered employment).	0,5	2		5
8.	The legal basis for social rehabilitation.	0,5	1		5
9.	Methods and practical measures to promote socially vulnerable groups of social integration.	1	2		6
10.	Psychosocial rehabilitation. Goals, objectives, principles and methods.	0,5	1		5
11.	Communication rehabilitation. Social work rehabilitation. Digital tools in social rehabilitation	1	2		5
12.	Teamwork rehabilitation.	0,5	2		5
13.	Services for individuals using or addicted to alcohol, drugs, tobacco, and other psychoactive substances.	0,5	1		5
14.	Trauma-informed approach.	0,5	2		5

Total number of hours	**8**	**22**	**6**	**71**

6. Criteria for assessment of student's achievements

Grade and brief description of the knowledge and skills	Brief description of the criteria
10 (excellent) Excellent performance, outstanding knowledge and skills	Excellent, exceptional, comprehensive knowledge of social rehabilitation and integration and its application in solving complex practical problems. Student studied additional material independently. Impeccable, exceptional performance quality. Excellent expression and presentation skills. Well aware of what and why is being done.
	All the learning outcomes achieved
9 (very good) Strong performance, good knowledge and skills	Strong, good, comprehensive knowledge of social rehabilitation and integration and its application in solving complex practical problems. Student studied additional material independently. Very good performance quality. Very good expression and presentation skills. Understanding of the methods, techniques applied and the reasons why.
	At least 90 percent of the learning outcomes achieved
8 (good) Above the average performance, knowledge and skills	Better than average knowledge of social rehabilitation and integration and its application in solving practical problems. Familiar with the mandatory material. Good performance quality. Good expression and presentation skills. Knowledge of the methods, techniques that need to be applied.
	At least 80 percent of the learning outcomes achieved
7 (average) Average performance, knowledge and skills with unessential shortcomings	Average performance, with unessential shortcomings Application of knowledge of social rehabilitation and integration to solve practical problems. Good performance quality. Correctly solves moderately complex tasks. Sufficient expression and presentation skills.
	At least 70 percent of the learning outcomes achieved
6 (satisfactory) Below average performance, knowledge and skills with substantial shortcomings	Below average knowledge of social rehabilitation and integration, with errors. Application of knowledge to solve uncomplicated practical problems. Familiar with the main material. Satisfactory performance quality. Satisfactory expression and presentation skills.
	At least 60 percent of the learning outcomes achieved

5 (weak) Knowledge and skills meet minimum criteria		Knowledge meets minimum criteria. Application of knowledge to solve uncomplicated practical problems. Satisfactory expression and presentation skills.
		At least half of the learning outcomes achieved
4	**Unsatisfactory** Below minimum criteria	Knowledge does not meet minimum criteria. Skills do not meet minimum criteria.
3		
2		
1		
		Less than half of the learning outcomes achieved

7. Prerequisite subjects

Seminars are required to attend; theoretic lectures are preferred to attend.

8. Forms of assessment of student achievement (components of cumulative assessment)

Students are assessed throughout a semester. At the end of a semester all assessments are added and the final assessment grade is calculated:
30 % - intermediate assessment;
30 % - written paper.
40 % - examination.

9. Coordinating teachers

Position	Surname, name, academic degree
Lecturer	Leda Norgiala, Master of Social Work

10. Recommended literature

No.	Year of issue	Authors and title of the publication	Publisher	Access		
				At the KUAS library	In other libraries of the city	In databases
1.	2021	Krakoviak P., Kšyžanovski D., Modlinska A., *Sunkus ligonis namuose. Gydymas, slaugymas, reabilitacija: lėtinės ligos.*	Vitae litera			
2.	2021	Sučylaitė J., *Prieš srovę. Psichikos sveikata ir vertybės šiuolaikiniame pasaulyje.*	Klaipėdos universiteto leidykla			
3.	2025	Lietuvos Respublikos Socialinės apsaugos ir darbo ministerija. *Negalios reforma, 2024 m.*				https://socmin.lrv.lt/lt/veiklos-sritys/socialine-integracija/negalios-reforma-ir-asmenu-su-negalia-itrauktis/
4.	2020	Šinkariova L., Petrolienė R., Alčiauskaitė L., *Motyvuojančio pokalbio veiksmingumas*	Vytauto Didžiojo			

		lėtinėmis ligomis sergančiųjų grupėje.	universiteto leidykla			
5.	2009	Marlatt, G. Alan, Katie Witkiewitz, and American Psychological Association. *Addictive Behaviors : New Readings on Etiology, Prevention, and Treatment. 1st ed..*	Washington, DC: American Psychological Association. Print			https://doi.org/10.1111/j.1465-3362.2009.00137_6.x
6.	2023	Lerpold, L., Sjöberg, Ö., Wennberg, K. *Migration and Integration in a Post-Pandemic World: Socioeconomic Opportunities and Challenges.*	Cham: Springer Nature			DOI: 10.1007/978-3-031-19153-4