KOLPINGO KOLEGIJA
KOLPING HIGHER EDUCATION INSTITUTION

ABOUT US



Kolping Higher Education Institution is a private institution of higher education, granting Professional Bachelor degrees. Kolping HEI was established in 2001 after reorganization of Kolping Higher School founded in 1996.

One of the goals beyond establishment of Kolping HEI was to create an educational institution that develops social leaders. Another goal was to help demotivated young people perceive their personal dignity and value, develop confidence in their internal strength and become specialists with strong professional knowledge able to adapt to the rapidly changing environment of the labour market.

The founder of the University is the Lithuanian Kolping Foundation, a Catholic charity and support organization that unites socially responsible people acting on the principle of self-help. The University is supported by the International Kolping Society (www.kolping.net), which unites around 500,000 members in 60 countries with its center in Cologne, Germany, where the founder of the Society blessed Adolf Kolping began his activities.

Adolf Kolping was a great social educator of the 19th century whose work gained widespread international recognition and continues to this day. The words of blessed Adolph Kolping "*If you seek for a better future, it is your own responsibility to create it*" are the motto of the Kolping Higher Education Institution.

Kolping HEI is located in the Old Town of Kaunas, the second largest city of Lithuania.







STUDIES + TRAINEESHIP

Kolping HEI welcomes all exchange students participating in the Erasmus+ programme. The institution offers Bachelor's-level courses taught in English in Social Work Management, Child Welfare and Social Security, Transport Logistics, and Sustainable Business Management.

It also offers internship opportunities in Social Work Management and Child Welfare and Social Security at the institutions of its social partners.

APPLICATION PROCESS

In order to study at Kolping HEI as Erasmus+ exchange students, students must first contact their home university's Erasmus+ coordinator to check whether an Inter-Institutional Agreement is in place between their home university and the Kolping HEI. Students should then apply through their home university to be nominated for the Erasmus+ exchange. The students' home institution should send to Kolping HEI the nomination letter.

After being selected for the Erasmus+ exchange programme, students must be officially nominated by their home university. The nomination should be sent by email to erasmus@kolpingokolegija.lt and include the following information: the student's full name, date of birth, email address, field of study, and the semester during which they intend to study at Kolping HEI.

Once the nomination has been received, nominated students will be contacted by email and provided with the necessary information and application instructions.

Deadline for registration: 15 June for the autumn semester
15 November for the spring semester

RECOMMENDED LANGUAGE SKILLS

At Kolping HEI, most courses are taught in Lithuanian, while only some are offered in English. Incoming students can choose courses from the available list. English proficiency at CEFR level B2 is recommended for Erasmus+ study mobility, while level B1 is recommended for traineeship mobility.

Common European Framework of Reference for Languages: https://europass.cedefop.europa.eu/sites/default/files/cefr-en.pdf

ACADEMIC INFORMATION

COURSES IN ENGLISH FOR EXCHANGE STUDENTS

Kolping HEI offers courses in English in the following programmes:

- Social Work Management,
- Child Welfare and Social Security
- Transport Logistics and
- Sustainable Business Management.

For information about courses offered in English, please visit our website: https://www.kolpingokolegija.lt/en/erasmus/

Note:

- Students studying in the field of Social Work can choose courses from both Social Work Management and Child Welfare and Social Security programmes.

ACADEMIC CALENDAR

Beginning of the Autumn Semester: 01 September
Beginning of the Spring Semester: last week of January

ECTS CREDITS

The European Credit Transfer System (ECTS) was developed by the Commission of the European Community as a tool to facilitate the recognition of academic studies completed abroad.

The ECTS workload is 30 credits per semester or 60 ECTS credits per academic year. Credits are awarded to students upon successful completion of all course requirements, including attending lectures, completing assignments, and passing examinations.

GRADING SYSTEM

Assessment is based on interim tests, assignments, and a final examination. Students' academic performance is assessed on a 10-point grading scale. A minimum grade of 5 ("sufficient") is required to pass.

Lithuanian Grade	Grade Description
10	**Excellent** Excellent, outstanding knowledge and skills
9	**Very Good** Strong, good knowledge and skills
8	**Good** Better-than-average knowledge and skills.
7	**Highly Satisfactory** Average knowledge and skills, with minor errors
6	**Satisfactory** Below-average knowledge and skills, with some errors
5	**Sufficient** Knowledge and skills meet the minimum requirements.
1 – 4	**Fail** Minimum requirements are not met

TRANSCRIPTS OF RECORDS

A Transcript of Records will be issued no later than 5 weeks after the last assessment.





USEFUL INFORMATION

VISA AND HEALTH INSURANCE

No visa is necessary for citizens from the EU countries. Student coming from not EU country should check if they are required to have a visa for arrival to Lithuania at https://keliauk.urm.lt/en/entry-to-lithuania. If a student needs a visa, he/she has to inform Kolping HEI will provide documents for visa application.

HEALTH INSURANCE



All Erasmus exchange students are required to have medical insurance valid in Lithuania for the study period. Students from EU Member States, Iceland, Liechtenstein, Norway or Switzerland can use a valid European Health Insurance Card (EHIC) to receive only emergency medical care from general practitioners or specialists, and hospital treatment during their temporary stay. However, it does not cover private healthcare, planned medical treatment, repatriation or other travel-related expenses, such as a return flight home. For these reasons, additional travel insurance may be advisable.
Students from countries outside the European Union generally need private health insurance that meets Lithuania's requirements and covers the entire period of their stay.

More information:
https://www.renkuosilietuva.lt/en/european-health-insurance-card/

ACCOMMODATION

Please note that Kolping HEI does not provide residence halls or student apartments. However, we help incoming students to find accommodation. Please contact Institutional Erasmus Coordinator by email erasmus@kolpingokolegija.lt if you need help to find a place to live. Here are a few accommodation options you might consider:

- Solo Society
- Aruodas
- Domoplius
- Airbnb
- Booking
- Housing Target

COSTS OF LIVING

The estimated monthly living expenses for a student in Kaunas range from €500 to €800, covering accommodation, food, local transportation, and personal needs. The actual cost of living depends on the type of accommodation chosen, with university dormitories generally being more affordable than private rentals. Other factors influencing monthly expenses include food choices, the frequency of eating out, and individual lifestyle habits.

More information:
https://www.numbeo.com/cost-of-living/in/Kaunas
https://erasmusplay.com/en/kaunas/erasmus-in-kaunas.html

STUDENT DISCOUNTS

Students in Lithuania receive discounts in various places from restaurants to museums, from public transportation to certain shops. Erasmus students in Kaunas can use the International Student Identity Card (ISIC) to access of the discounts. ISIC is an internationally recognised student ID card accepted in countries around the world. It is particularly useful for verifying student status and accessing student discounts on public transport in Lithuania.

More information:
https://www.isic.lt/en

TRANSPORTATION

Lithuanian cities have well-developed systems of public transportation. Getting around Kaunas is easy and affordable, with a reliable public transport network connecting the city's main areas. Students are eligible for discounted tickets, making buses and trolleybuses a convenient option for everyday journeys. Routes, timetables and other information are available in English for the major cities through the TRAFI website and mobile app.

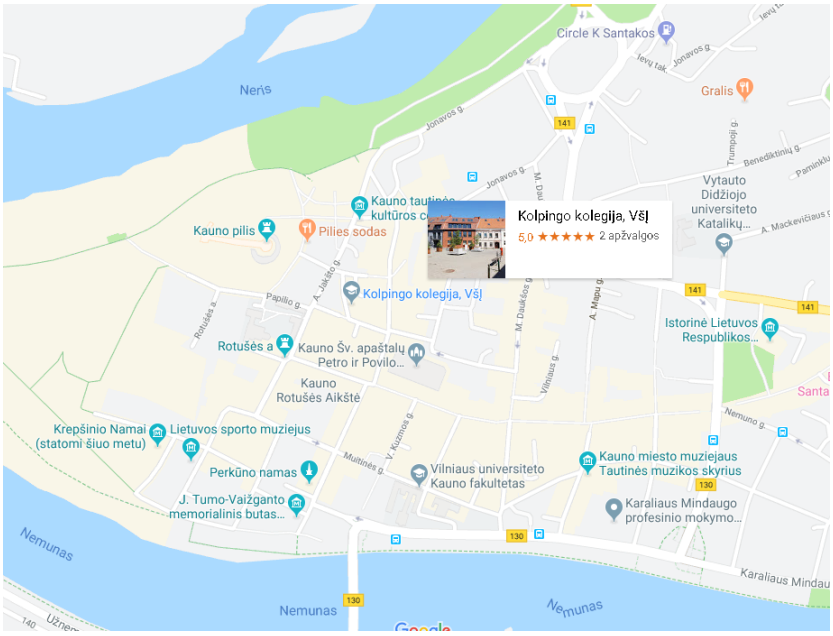
STUDENT MENTORSHIP

After the Letter of Acceptance has been sent, each new student will be appointed a Student Mentor, who is a current student at Kolping HEI. The mentor will contact them before arrival, answer questions and help them prepare for living and studying in Lithuania.

CONTACT PERSON

For any questions please contact Institutional Erasmus Programme Coordinator.

Erasmus Programme Coordinator erasmus@kolpingokolegija.lt +370 37 22 00 30	**Kolping Higher Education Institution** Raguvos str. 7, Kaunas 44275, Lithuania http://www.kolpingokolegija.lt/en/



https://www.google.lt/maps/@548985604,23.8891266,16z

ABOUT LITHUANIA



A mere speck on the world map to an outsider, it is much more to a Lithuanian – a country that was built over thousands of years. It is a place that intertwines the experiences of our ancestors, the battles that were fought, and the love that was shared. Lithuania is mostly about its people – the people, who built the state and the cities, who engendered cultural enrichment and knowledge, and who searched for their true identity. Although Lithuania was first recorded as a country in 1009, the first people are thought to have settled in the territory as far back as the 10th millennium BC. The first Baltic tribes arrived some 7,000 years later and settled near the Baltic Sea. Lithuanians are proud to have been brought up in a country with such a rich historical past, and they try to accentuate their national heritage by doing their best on stages and in sports arenas, by being great painters and authors, by singing their hearts out to thousands of people, and by making their presence known with the tricolour flag.

More information:
https://www.lithuania.travel/en/
https://lithuania.lt/

ABOUT KAUNAS CITY

Kaunas, the second largest Lithuania‘s city, which keeps the authentic spirit of the country‘s national character alive. The city is located at the confluence of the two largest Lithuanian rivers, surrounded by the hills and situated at the crossroads of the most important roads in Lithuania. Due to its geographical position, today, Kaunas is Lithuania‘s most important centre of communication.



Kaunas is home to a wide variety of festivals and events, from operettas to contemporary dance and from classical music to jazz. In 2022, the city was named European Capital of Culture. Kaunas is also famous for its interwar modernist architecture, and in 2023, *Modernist Kaunas: Architecture of Optimism, 1919–1939* was inscribed on the UNESCO World Heritage List.

More information:
https://visit.kaunas.lt/en/
https://kaunasin.lt/en/about-kaunas/

CLIMATE AND WEATHER IN LITHUANIA

The climate of the Lithuania is continental with mild warm summers and fairly severe winters.

In summer the average daytime temperature usually is 20-25°C but sometimes 30°C or more. The weather is changeable and unstable. Sometimes, a sunny weather can in a few minutes change to rain and thunderstorms can occur by the end of the day.

The average temperature in winter is around -5°C and sometimes about -20°C or lower and with cold northeasterly winds. Heavy snowfall or even snowstorms are also possible on some days.

Thus, in Lithuania we can observe all beautiful seasons of the year with snowy winters, blooming springs, sunny summers and golden autumns.

More information: http://www.meteo.lt/en/

