Institution: Kolping Higher Education Institution (KHEi)
Study programme: **Child welfare and social protection**

SUBJECT PROGRAMME

1. Name of the subject	**2. Credits**
BASICS OF CHILD AND FAMILY COUNSELLING	**6 (160 academic hours)**

3. Correlation between the learning outcomes of the program and the subject, study methods and methods for evaluation of student's achievements

Learning outcomes of the program	Learning outcomes of the subject	Study methods	Student achievement assessment methods
1. The graduate will know the psychosocial problems of a child and his/her family and their complex manifestation; the graduate will be well versed in social policy, social security measures, administration of social services and will be able to apply this knowledge in the field of child welfare and social security.	1. The student will be able to describe counselling features in social work	Lecture, individual work, group work, video analysis and discussion, brainstorming, self-study of literature	Written examination, test, practical written excercises
	2. The student will be able to describe counselling process and basic counselling methods	Lecture, individual work, group work, observation, reflection, role-play, self-study of literature	Written examination, test, practical written excercises
	3. The student will be able to apply systemic approach when conceptualizing children and family problems	Lecture, individual work, video analysis and discussion, brainstorming, self-study of literature	Paper , practical work during seminars, case study
3. The graduate will be able to manage the process of social assistance provided to a child and his/her family by applying appropriate methods of social work in accordance with the national and international legislation on child welfare, protection of children's rights, family law and social security as well as professional ethics.	4. The student will be able to apply basic counselling methods in social work practice with children and families	Lecture, individual work, group work, video analysis and discussion, counselling exercises, role-play, self-study of literature	Written examination, test, paper. practical written excercises
	5. The student will be able to follow the counselling process	Lecture, individual work, group work, video analysis and discussion, counselling exercises, role-play, observation, reflection, self-study of literature	Written examination, test, practical written excercises, study during practical work
5. The graduate will be able to communicate with the client(s), cooperate with representatives from his/her field or other professions as well as relevant institutions in Lithuanian or foreign language in pursuit of the empowerment and social welfare for the child and the family.	6. The student will be able to communicate and collaborate with a child and family when analysing their problems	Lecture, individual work, group work, video analysis and discussion, counselling exercises, role-play, observation, reflection, self-study of literature	Written examination, test, practical written excercises, study during practical work

4. Abstract (maximum 200 words; describes relevance of the subject)

Students are provided with basic knowledge about child and family consulting process and features in social work. During this course students will analyse different counselling techniques and methods. Students will develop the skills needed to counsel children and families. This course is designed in such a way that each theoretical part is followed by additional practical tasks so that the students are able to develop counselling skills in social work practice with children and families.

5. Main topics of the subject and the number of hours

No.	Names of the topics	The number of contact hours			The number of hours for self-study
		Theory	Practical work	Consultation	
1.	Introduction to the Subject: Purpose, Structure, and Requirements. Subject scope, aims and objectives. Logical structure of topics and learning sequence. Assessment system and requirements, academic integrity principles. Overview of recommended literature and international sources.	0,5			
2.	The value of counselling in the field of social work. The features of counselling in social work	1	3		8
3.	Universal goals of counselling and ethics	1	3		8
4.	Counselling process and reflective listening	1	3		9
5.	Objectives of the first consulting	0,5	3		7
6.	Basic consulting techniques	1	3		8
7.	Peculiarities of child counselling	1	4		8
8.	Methods of family counselling	1	3		8
9.	Counselling for families raising a child having a disability	1	3		8
10.	Specific child and family counselling problems	1	3		9
11.	Completion of the counselling	1	2		5
12.	Changes in the counselling process (features of successful counselling)	1	2		7
	Total number of hours	**28**	**42**	**6**	**90**

6. Criteria for assessment of student's achievements

Grade and brief description of the knowledge and skills	Brief description of the criteria
10 (excellent) Excellent performance, outstanding knowledge and skills	Excellent, exceptional, comprehensive knowledge of child and family counselling its application in solving complex practical problems. Student studied additional material independently. Perfect understanding and use of counselling concepts, ability to analyse them in the broader context of the subject. Original and independent thinking. Excellent analytical and evaluation skills and insight. Excellent application of theoretical knowledge. Excellent performance in dealing with sophisticated non-standard tasks. Impeccable, exceptional performance quality. Excellent expression and presentation skills. Excellent understanding of counselling concepts and ability to reasonably apply them in practice.
	All the learning outcomes achieved
9 (very good) Strong performance, good knowledge and skills	Strong, good, comprehensive knowledge of child and family counselling its application in solving complex practical problems. Student studied additional material independently. Perfect understanding of studied material, proper use councelling concepts. Original and independent thinking. Very good analytical, evaluation and synthesis skills. Very good preparation for further studies. Very good application of theoretical knowledge. Good performance in dealing with sophisticated non-standard tasks. Very good performance quality.

	Very good expression and presentation skills. Understanding of the methods, techniques applied and the reasons why.
	At least 90 percent of the learning outcomes achieved
8 (good) Above the average performance, knowledge and skills	Better than average knowledge of child and family counselling its application in solving practical problems. Familiar with the mandatory material. Able to work independently with additional material. Student understands counselling concepts and principles, applies them properly. Good reasoning and arguments substantiated on facts. Good application of counselling knowledge. Good performance quality. Correctly solves moderately complex and more difficult tasks. Good expression and presentation skills.
	At least 80 percent of the learning outcomes achieved
7 (average) Average performance, knowledge and skills with unessential shortcomings	Average performance, with unessential shortcomings Application of knowledge of child and family counselling to solve practical problems. Familiar with the main material. Student understands and uses counselling concepts and principles. Links several key components into a whole. Fairly good reasoning. Sufficient preparation for further studies. Knowledge is applied in accordance with the given examples. Good performance quality. Correctly solves moderately complex tasks. Sufficient expression and presentation skills.
	At least 70 percent of the learning outcomes achieved
6 (satisfactory) Below average performance, knowledge and skills with substantial shortcomings	Below average knowledge, with errors. Application of knowledge to solve uncomplicated practical problems. Familiar with the main material. Satisfactory understanding of the concepts, ability to describe incoming information in own words. While analysing, student focuses on several aspects, but is unable to relate them. Satisfactory preparation for further studies. Knowledge is applied in accordance with the given examples. Satisfactory performance quality. Able to act by analogy. Correctly solves simple tasks, but does not comprehend more complex ones. Satisfactory expression and presentation skills.
	At least 60 percent of the learning outcomes achieved
5 (weak) Knowledge and skills meet minimum criteria	Knowledge meets minimum criteria. Application of knowledge to solve uncomplicated practical problems. Simple recitation of learned concepts, text retelling. The answer is focused on one aspect. Minimum sufficient skills to solve problems based on examples. Able to act by analogy. Satisfactory expression and presentation skills.
	At least half of the learning outcomes achieved

4	**Unsatisfactory**	Knowledge does not meet minimum criteria. Skills do not meet minimum criteria.
3	Below minimum criteria	
2		
1		
		Less than half of the learning outcomes achieved

7. Subjects that need to be taken before

Basics of Social Work and Professional Ethics, Theories of Child Development, Family Psychology, Individual Social Work

8. Forms of assessment of student achievement (components of cumulative assessment)

20 % - practical work I (individual counselling skills training);
20 % - practical work II (family counselling techniques exercises);
20 % - mid-term evaluation;
40 % - exam.

9. Coordinating teachers

Position	Surname, name, academic degree
Assoc. prof.	Bagdonaite-Stelmokiene Ramune, Doctoral degree of Social Sciences (Education), Master of Social Work

10. Recommended literature

No.	Year of issue	Authors and title of the publication	Publisher	Access		
				At the KUAS library	In other libraries of the city	In databases
1.	2024	Daniūnaitė, I., Kurienė, A., ir Trakumaitė, M. *Vaikų, paauglių ir suaugusiųjų konsultavimo principai. Metodinė priemonė*	Paramos vaikams centras			+
2.	2023	Smith-Adcock, S. L., & Tucker, C. *Counselling Children and Adolescents: Connecting Theory, Development, and Diversity (2nd Edition)*	Sage Publishing		VDU	
3.	2023	Sexton, T. L., Van Dam, S., & Anderson, M. *Functional Family Therapy: A Comprehensive, Evidence-Based Approach*	American Psychological Association		VDU	
4.	2020	Canfield, B. *Intercultural Perspectives on Family Counselling*	Routledge		VDU	
5.	2019	Faulkner, C. A., & Faulkner S. S. *Addictions Counselling. A Competency-Based Approach.*	Oxford University Press	1	VDU	
6.	2016	Pundzevičienė, A., ir Šidlauskaitė-Stripeikienė, I. *Sisteminis šeimos konsultavimas „Į šeimą orientuota praktika“. Metodinis leidinys šeimos konsultantams*.	PPKC		VDU	